

St. Anthony Catholic School 5K/10K Run & Honor Walk Monday, May 27, 2024

Join us to honor our country's service men, women, and their families at the 15<sup>th</sup> Annual Run for the Heroes! This Pee Dee Grand Prix event offers a certified 5K course, a 10K course through Veterans Park and a 1-mile Honor Walk. Simply Timing LLC will be timing our race. Awards will be given to the 5k & 10k Overall Male and Female, 5K & 10K Male and Female Masters, and the top 3 male and female racers in each age division.

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Sunday, May 26 Early Packet Pickup/Registration St. Anthony Catholic School Library 1:30 - 4:30 PM Monday, May 27 Packet Pickup/Late Registration St. Anthony Catholic School Library 6:30 - 7:30 AM 7:30 AM Memorial Day Military Tribute St. Anthony Catholic Church Steps Races Begin 8:00 AM

Red, White, & Blue Pancake Breakfast and Awards will immediately follow in the Family Center. \*\*\* 50% OFF ALL ENTRY FEES FOR MILITARY PERSONNEL AND VETERANS \*\*\*

Entry Fees						
Race/Walk 10k 5k	Through April 30 \$40.00 \$30.00	<b>Register Ma</b> \$45\$35	5.00			
Honor Walk	\$15.00	Kids' F	un Run	\$10.00		
Name:	A	ge: DOB: _		Ge	ender:	
Email:		City:		State:		
Phone Number:	*	**Adult T-shirt Size: _	YXLS	ML _	XL2XL	
Team Name (if applicable)			** T-shirt d	leadline is <u>M</u> a	<u>ay 6th</u> . **	
Please make checks payable to will benefit St. Anthony School  Waiver and Release of Liabilit	with a portion to be	nefit the local Americ	can Red Cross.	•	O1. Proceeds  American Red Cross	
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- In consideration of the acceptance of this entry, I hereby, for my heirs, executors and assigns, release and discharge the sponsors and operators of the St. Anthony Catholic School 5k/10k and Honor Walk and their agents, employees and volunteers from any and all claims and damages suffered by me as a result of my participating in or traveling to or from said event held on May 27, 2024. I specifically release and discharge said operators and sponsors from all injuries or damages arising from or contributed to by any physical defect that I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such an event, the same being my sole responsibility. I also give permission for the free use of my name and picture in any broadcast, telecast or other written account of the event. I also understand that the entry fee is non-refundable for any reason.
- I have been informed that I should consult a physician concerning my participation in an exercise program and obtain from a physician, advice as to how I should participate in relationship to my state of physical condition. I either have obtained such advice from a physician or acknowledge that I have decided to participate in exercise programs without obtaining the advice of a physician.
- I understand the waiver and release of liability above are stated in broad terms. If portions of this waiver and release of liability are held invalid, the remainder will continue in effect.
- I have read this waiver and release of liability and understand the rights I am giving up by signing it.

<b>Signature</b> (Guardian must sign if participant is under 18): _	Date:
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